



## THIS WEEK'S COUPON SEARCH

### HOW IT WORKS:

1. We provide these coupons as an extra way to save money in addition to savings from menus based on store sales. These are manufacturers coupons we've found for common and everyday items used across all our recipes. Depending on your weekly menus, coupons shown below may or may not match items on your shopping list.
2. As an added convenience, we have provided a list of **Staples** for commonly used items as an extra way to save. You will see items such as paper goods, spices, and cleaning products.
3. These coupons were available at the time of publication, but we cannot guarantee availability due to redemption limits set by the manufacturer. If you see a coupon you want to use, don't delay in downloading or printing as it could be gone if you come back later!

INGREDIENT	COUPON	AMOUNT	URL	NOTES
<b>Pasta Sauce, Salsa</b>				
<b>&amp; Tomatoes</b>	Cacique Salsa	\$1	<a href="https://www.caciquefoods.com/salsa/#get-coupon">https://www.caciquefoods.com/salsa/#get-coupon</a>	
	Kuner Tomatoes	\$1	<a href="https://www.kunersfoods.com/coupons/">https://www.kunersfoods.com/coupons/</a>	Any 2 (28 oz)
	Sun Vista Enchilada Sauce	\$1	<a href="https://www.sun-vista.com/coupons/">https://www.sun-vista.com/coupons/</a>	
<b>Dairy/Bread/Pasta</b>				
	Noosa Yogurt	\$.50	<a href="https://noosayoghurt.com/products/">https://noosayoghurt.com/products/</a>	Click on Offers
	Barilla Protein+, Chickpea or Red Lentil Pastas	\$2	<a href="https://www.coupons.com/printable">https://www.coupons.com/printable</a>	
	Siggis Yogurt	\$1	<a href="https://siggis.com/coupons">https://siggis.com/coupons</a>	

Canyon Bakehouse  
Gluten Free Bread

**\$1**

<https://canyonglutenfree.com/>

### Broth, Rice & Bean

Royal Basmati Rice

**\$.50**

<https://www.coupons.com/printable>

S&W Beans

**\$1**

<https://www.swbeans.com/coupons/>

Sun Vista Beans and  
Refried Beans

**\$1**

<https://www.sun-vista.com/coupons/>

Any 3

Kuner Beans

**\$1**

<https://www.kunersfoods.com/coupons/>

Any 3 cans

Kuner Organic Beans

**\$.50**

Link is same as above

Any 1 can

### Meat/Vegetables

Bright Farms Salads

**\$1**

<https://www.brightfarms.com/>

*Small registration  
required*

Swift Meats

**\$1**

<https://swiftmeats.com/wp-content/uploads/2022/12/Swift-Online-Coupon-2023-2024.pdf>

Land O Frost Black  
Forest Ham, Honey Ham  
or Old Fashioned Cooked  
Ham

**\$1**

<https://www.landofrost.com/promotions/>

## Staples/Other

Peanut Butter & CO	<b>\$1</b>	<a href="https://www.coupons.com/printable">https://www.coupons.com/printable</a>
Centrum Multi Vitamins	<b>\$3</b>	<a href="https://www.coupons.com/printable">https://www.coupons.com/printable</a>
Excedrin	<b>\$1.50</b>	<a href="https://www.coupons.com/printable">https://www.coupons.com/printable</a>
Welch's Absolute Fruitfuls Fruit Strips	<b>\$1</b>	<a href="https://www.coupons.com/printable">https://www.coupons.com/printable</a>
Koops Mustard	<b>\$1</b>	<a href="https://www.coupons.com/printable">https://www.coupons.com/printable</a>
Country Crock Plant product	<b>\$1.25</b>	<a href="https://www.coupons.com/printable">https://www.coupons.com/printable</a>



