



## THIS WEEK'S COUPON SEARCH

### HOW IT WORKS:

1. We provide these coupons as an extra way to save money in addition to savings from menus based on store sales. These are manufacturers coupons we've found for common and everyday items used across all our recipes. Depending on your weekly menus, coupons shown below may or may not match items on your shopping list.
2. As an added convenience, we have provided a list of **Staples** for commonly used items as an extra way to save. You will see items such as paper goods, spices, and cleaning products.
3. These coupons were available at the time of publication, but we cannot guarantee availability due to redemption limits set by the manufacturer. If you see a coupon you want to use, don't delay in downloading or printing as it could be gone if you come back later!

| INGREDIENT                                   | COUPON                    | AMOUNT | URL   | NOTES         |
|--|---------------------------|--------|---|---------------|
| <b>Pasta Sauce, Salsa<br/>&amp; Tomatoes</b> | Cacique Salsa             | \$1    | <a href="https://www.caciquefoods.com/salsa/#get-coupon">https://www.caciquefoods.com/salsa/#get-coupon</a> |               |
|  | Kuner Tomatoes            | \$1    | <a href="https://www.kunersfoods.com/coupons/">https://www.kunersfoods.com/coupons/</a>                     | Any 2 (28 oz) |
|  | Sun Vista Enchilada Sauce | \$1    | <a href="https://www.sun-vista.com/coupons/">https://www.sun-vista.com/coupons/</a>                         |               |

### Dairy/Bread/Pasta

Siggi's Yogurt

\$1

<https://siggis.com/coupons>

*Small registration  
required*

Canyon Bakehouse  
Gluten Free Bread

\$1

<https://canyonglutenfree.com/>

## Broth, Rice & Bean

|                                   |        |   |                             |
|-----------------------------------|--------|---|-----------------------------|
| S&W Beans                         | \$1    | <a href="https://www.swbeans.com/coupons/">https://www.swbeans.com/coupons/</a>         | Any 3                       |
| Sun Vista Beans and Refried Beans | \$1    | <a href="https://www.sun-vista.com/coupons/">https://www.sun-vista.com/coupons/</a>     | Any 3 cans                  |
| Kuner Beans                       | \$1    | <a href="https://www.kunersfoods.com/coupons/">https://www.kunersfoods.com/coupons/</a> | Any 1 can                   |
| Kuner Organic Beans               | \$1.50 | Link is same as above   |                             |
| Shady Brook Farms Turkey product  | \$1    | <a href="https://shadybrookfarms.com">https://shadybrookfarms.com</a>                   | Small registration required |

## Meat/Vegetables

|  |     |   |                             |
|--|-----|---|-----------------------------|
| Swift Meats  | \$1 | <a href="https://swiftmeats.com/offers/">https://swiftmeats.com/offers/</a>                 |                             |
| Bright Farms Salads  | \$1 | <a href="https://www.brightfarms.com/">https://www.brightfarms.com/</a>                     | Small registration required |
| Land O Frost Black Forest Ham, Honey Ham or Old Fashioned Cooked Ham | \$1 | <a href="https://www.landofrost.com/promotions/">https://www.landofrost.com/promotions/</a> |                             |

## Staples/Other

|                                  |               |   |
|----------------------------------|---------------|---|
| All Free Clear Laundry Detergent | <b>\$1.50</b> | <a href="https://www.coupons.com/printable">https://www.coupons.com/printable</a> |
| Eucerin Sun Product              | <b>\$4</b>    | <a href="https://www.coupons.com/printable">https://www.coupons.com/printable</a> |
| Zyrtec Adult Allergy             | <b>\$5</b>    | <a href="https://www.coupons.com/printable">https://www.coupons.com/printable</a> |
| Band-Aid Heal Product            | <b>\$1.50</b> | <a href="https://www.coupons.com/printable">https://www.coupons.com/printable</a> |
| Scrubbing Bubbles                | <b>\$1.50</b> | <a href="https://www.coupons.com/printable">https://www.coupons.com/printable</a> |



